

## Claims

1 1. A system for reminding patients or caregivers what medication to take or administer, how  
2 to take and administer the medication, and when to take or administer the medication  
3 comprising:

4 a color-coded sheet;

5 said sheet depicting one or more rows and one or more columns, said rows and columns  
6 intersecting to form a matrix, said matrix comprising a plurality of fields;

7 said rows and columns further including headers, said headers defining parameters of  
8 said row or column and of said fields;

9 said headers including medical markings; and

10 one or more color coded containers.

1 2. The system of claim 1 wherein said rows are shaded in different colors.

1 3. The system of claim 1 wherein said medical markings include indicators of medications.

1 4. The system of claim 3 wherein said medications related to ophthalmology.

1 5. The system of claim 4 wherein one of said markings designate which eye to place  
2 medication within.

1 6. The system of claim 1 wherein said color coded sheet further includes one or more areas  
2 for placing advertising markings.

1 7. The system of claim 1 wherein said markings are textual markings.

1 8. The system of claim 1 wherein said markings include icons.

1 9. The system of claim 1 wherein said markings include indicators of medication, where to  
2 administer said medication, when to administer said medication and comments on administering  
3 said medication.

1 10. A method of reminding a patient or caregiver when to take or administer medication  
2 comprising the steps of:

3 a) placing information upon a color-coded sheets;

4 b) applying colored indicating devices to one or more containers of medication.

1 11. A method of reminding a patient or caregiver when to take or administer medication  
2 comprising the steps of:

3 a) inputting prescription information into a computer system by a doctor or doctor's  
4 assistant;

5 b) printing a color coded sheet from a printer within said computer system, said sheet  
6 including columns, fields and markings representing said prescription information;

7 c) giving the color coded sheet to a patient or caregiver.

1 12. The method of claim 11 further including the step of transferring the prescription  
2 information from the computer system to a pharmacist.